

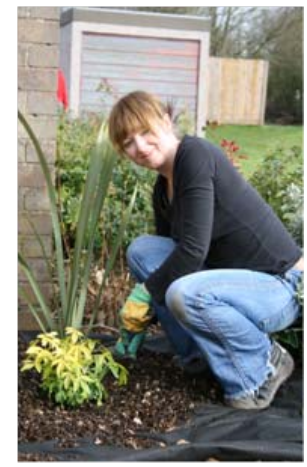
Outdoor Fun & Fitness for All in 2009



A new **FREE** community gardening scheme in WALTHAM CROSS & HODDESDON



- ✓ GET FITTER
- ✓ MEET NEW FRIENDS.
- ✓ BRING A FRIEND
- ✓ BRING THE CHILDREN / GRANDCHILDREN
- ✓ NO GARDENING EXPERIENCE NECESSARY
- ✓ REFRESHMENTS PROVIDED
- ✓ ANY ABILITY/ FITNESS
- ✓ COME BY YOURSELF



TASK DATES:

DATE	TIME	VENUE	MEETING POINT
Sunday 8th March 09	10.00 to 13.00	Holdbrook Estate @ the 'Ball Court'	Holdbrook Shops, Holdbrook South EN8 7SL OR go straight to the Holdbrook Ball Court
Saturday 21st March 09	10.00 to 13.00	High Grove Court Retirement Housing Scheme. Raglan Avenue, Waltham X, EN8 8DS	At the entrance to High Grove Court
Sunday 5th April 09	10.00 to 13.00	Holdbrook Estate @ the Community Centre	Holdbrook Shops, Holdbrook South EN8 7SL OR go straight to the Holdbrook Community Centre
Saturday 18th April 09	10.00 to 13.00	Beech Walk Retirement Housing Scheme, Beech Walk, Hoddesdon EN11 8NB	Car parking area outside Beech Walk houses
Sunday 17th May 09	10.00 to 13.00	Beech Walk Retirement Housing Scheme, beech Walk, Hoddesdon EN11 8NB	Car parking area outside Beech Walk houses

Clothing: Wear sturdy boots, trainers or wellies. Bring waterproofs clothes if you have them. Gloves and tools will be provided. Be prepared to get a little dirty! For more information about tasks go to www.groundwork-herts.org.uk/greenaiders or call: Ellie / Sherry on 01707 260129. **Under 16's must be accompanied by an adult**

